



1. Association for human rights (only for Spanish-fluent volunteers)

- ♦ **Work:** Assist, plan and supervise different project and activities regarding the wellbeing of the children in social danger or risk, including paperwork, office tasks, day trips, etc.
- ♦ **Schedule:** 6 hours a day, from Monday to Friday
- ♦ **Lodging:** with a host family, \$330 a month including 3 meals a day, private room and laundry
- ♦ **Location:** Montes de Oca, 20 minutes from San José downtown

2. Animal Protection Association

- ♦ **Work:** paperwork, archiving, fund raising, educating people about animal life and treating animals and eventually taking care of street animals and assisting vets attending animals
- ♦ **Schedule:** Monday to Thursday, 09h00 to 14h00
- ♦ **Lodging:** with a host family, \$330 a month including 3 meals a day, private room and laundry
- ♦ **Location:** San José downtown

3. Museum of Contemporary Art and Design (only for Spanish-fluent volunteers)

- ♦ **Work:** To collaborate with the education department, help with the databases, organize materials, translations, video editing and help with new expositions coming as well as show room supervision
- ♦ **Schedule:** Monday to Thursday, 09h00 to 14h00
- ♦ **Lodging:** with a host family, \$330 a month including private room, 3 meals a day and laundry
- ♦ **Location:** San José downtown

4. Heredia Biodiversity Park

- ♦ **Work:** Paperwork, archiving, guided tours, working in the labs with the different species of insects and also you can help in the store
- ♦ **Schedule:** Monday to Thursday, 09h00 to 14h00
- ♦ **Lodging:** with a host family, \$330 a month including private room, 3 meals a day and laundry
- ♦ **Location:** Santo Domingo de Heredia

5. Cartago Botanical Garden

- ♦ **Work:** Volunteers assist indoors with paperwork and outdoors assisting the researchers from the botanical projects of the University of Costa Rica
- ♦ **Schedule:** Monday to Thursday, 09h00 to 14h00
- ♦ **Lodging:** with a host family, \$330 a month including private room, 3 meals a day and laundry
- ♦ **Location:** Cartago, around 45min from San José



6. Children's Museum (only for Spanish-fluent volunteers)

Built as a monument for hope in the old prison of San Jose: Museum, National Gallery, National Auditorium, Youth Center

- ♦ **Work:** guiding visitors into the different Museum areas, participating in activities with kids at the end of the visit, eventually helping the Coordinator with other projects and helping the National Gallery Director with some projects
- ♦ **Schedule:** Monday to Thursday, 08h00 to 12h00 (or more hours depending on needs)
- ♦ **Lodging:** with a host family, \$330 a month including private room, 3 meals a day and laundry
- ♦ **Location:** San José downtown

7. Farm in Paquera

- ♦ **Work:** Trail and camping site cleaning and maintenance, helping in Guava plantations, farming work, milking cows, making local cheese, learning about local cook
- ♦ **Schedule:** Monday to Friday, 5 to 6 hours a day
- ♦ **Lodging:** with a host family, \$330 a month including private room, 3 meals a day and laundry
- ♦ **Location:** Paquera, Puntarenas, 3 hours from San José

8. National Park in the North Pacific coast

- ♦ **Work:** Cleaning and maintenance of trails, helping repairing signs and public areas, cleaning the beach, guarding the Park
- ♦ **Schedule:** 5 days a week, 7 hours per day, approx.
- ♦ **Lodging:** at volunteer's facilities - \$15 per day
- ♦ **Location:** North Pacific Coast, 5 hours from San José

9. National Park in the South Pacific coast

- ♦ **Work:** Cleaning and maintenance of trails, helping repairing signs and public areas, cleaning the beach, guarding the Park
- ♦ **Schedule:** 5 days a week, 7 hours per day, approx.
- ♦ **Lodging:** at volunteering facilities - \$25 per day for less than a month and \$18 per day for a month or more **ONLY** during the turtle season (August to December)
- ♦ **Location:** South Pacific Coast, 7 hours from San José

10. Community of native, indigenous Costa Ricans

- ♦ **Work:** marketing of local arts and crafts, teaching English to locals, including the development of infrastructure, cultivating vegetables and different products, helping in the clinic and other different projects of the community may have
- ♦ **Schedule:** Monday to Thursday, 09h00 to 14h00
- ♦ **Lodging:** with a host family, \$330 a month including private room, 3 meals a day and laundry
- ♦ **Location:** South part of the country, 7 hours from San José



11. School project in Ciudad Quesada

- ♦ **Work:** English teaching at a primary school
- ♦ **Schedule:** Monday to Thursday, 09h00 to 14h00
- ♦ **Lodging:** with a host family, \$330 a month including private room, 3 meals a day and laundry
- ♦ **Location:** San Carlos, 4 hours from San José.

12. Heredia School

- ♦ **Work:** Assisting the English teacher, helping the children with their class work, play with them and supervise them
- ♦ **Schedule:** Monday to Thursday, 07h00 to 12h00
- ♦ **Lodging:** with a host family, \$330 a month including private room, 3 meals a day and laundry
- ♦ **Location:** Heredia, 30 minutes from San José

13. Jacó School

- ♦ **Work:** Assisting the English teacher, helping the children with their class work, play with them and supervise them
- ♦ **Schedule:** Monday to Thursday, 07h00 to 12h00
- ♦ **Lodging:** with a host family, \$330 a month including private room, 3 meals a day and laundry
- ♦ **Location:** Jacó, 2 hours from San José

14. San Francisco School

- ♦ **Work:** Assisting the English teacher, helping the children with their class work, play with them and supervise them
- ♦ **Schedule:** Monday to Thursday, 07h00 to 12h00
- ♦ **Lodging:** with a host family, \$330 a month including private room, 3 meals a day and laundry
- ♦ **Location:** San Francisco, 20 minutes from San José downtown

15. Puntarenas School (mostly for English native speakers and intermediate to advanced Spanish level)

- ♦ **Work:** Assisting the English teacher, helping the children with their class work, play with them and supervise them
- ♦ **Schedule:** Monday to Thursday, 07h00 to 12h00
- ♦ **Lodging:** with a host family, \$330 a month including private room, 3 meals a day and laundry
- ♦ **Location:** Puntarenas, 2 hours from San José

16. Marine Park

- ♦ **Work:** cleaning fish recipients, cages, guided tours, help with different projects for a University
- ♦ **Schedule:** Tuesday to Friday – 08h00 to 13h00, approx.
- ♦ **Lodging:** with a host family, \$330 a month including private room, 3 meals a day and laundry
- ♦ **Location:** North, 2 hours from San Jose



17. Monkey preservation project

- ◆ **Work:** clean cages, go to the forest and look for food for the monkeys, guide people that visit the area and feed animals. This project demands very active people who can make a hard physical work. We have to make the arrangements one month before you begin with this project.
- ◆ **Schedule:** 06h00 to 16h00 - 2 hours lunch
- ◆ **Lodging:** at volunteer's facilities. Volunteers pay \$24 per day for lodging and 3 meals a day
- ◆ **Location:** Paquera, 5 hours from San José

18. Daytime shelter for children

- ◆ **Work:** Help the kids with their homework, teach them important things, play with them, supervise them, feed them, etc.
- ◆ **Schedule:** Monday to Thursday, 09h00 to 14h00
- ◆ **Lodging:** with a host family, \$330 a month including private room, 3 meals a day and laundry
- ◆ **Location:** San Francisco, 20 minutes from San José downtown

19. Orphanage in Cartago

- ◆ **Work:** Help the kids with their homework, teach them important things, play with them, supervise them. Also, help with the home chores, such as washing the clothes, folding and storing them; help cooking, serving, feeding the kids, etc.
- ◆ **Schedule:** Monday to Thursday – 09h00 to 14h00
- ◆ **Lodging:** with a host family, \$330 a month including private room, 3 meals a day and laundry
- ◆ **Location:** Cartago, 45min from San José

20. Orphanage in San Francisco

- ◆ **Work:** Play with the kids, entertain them, supervise them, teach them art and other important things. Help the psychologist and join them in everyday activities
- ◆ **Schedule:** Monday to Thursday, 09h00 to 14h00
- ◆ **Lodging:** with a host family, \$330 a month including private room, 3 meals a day and laundry
- ◆ **Location:** 20 minutes from San José downtown

21. School in San Gabriel (mostly for English native speakers and intermediate to advanced Spanish level)

- ◆ **Work:** Assisting the English teacher, helping the children with their class work, play with them and supervise them
- ◆ **Schedule:** Monday to Thursday, 09h00 to 14h00
- ◆ **Lodging:** with a host family, \$330 a month including private room, 3 meals a day and laundry
- ◆ **Location:** 1 hour from San José in the South part of the Central Valley



22. Turtle Project North Pacific coast

- ♦ **Work:** Protection and preservation of marine turtles. The project requires active and enthusiastic people who want to develop their experience with turtles
- ♦ **Schedule:** Season is from October to mid-February, working hours vary during the day in the same way at nights
- ♦ **Lodging:** at volunteer's cabins. \$15 per day, including 3 meals and accommodation

23. Turtle Project in the Caribbean coast

- ♦ **Work:** Protection and preservation of marine turtles. The project requires active and enthusiastic people who want to develop their experience with turtles
- ♦ **Schedule:** Season is from March to June, working hours vary during the day in the same way at nights
- ♦ **Lodging:** in a host family, volunteers have to pay \$13 per day, including meals and accommodation, plus a \$30 pay-once fee for the Save the Turtles of Parismina Association

24. Children's Hospital

- ♦ **Work:** Help/assist kids of all ages and with any kind of diseases. The volunteers need a mandatory medical insurance. People with medical experience have to present a curriculum vitae and copies of their medical certifications.
- ♦ **Schedule:** Monday to Thursday, 8h00 to 14h00 (more hours depending on needs)
- ♦ **Lodging:** in a host family, \$330 per month including private room, 3 meals a day and laundry
- ♦ **Location:** San José downtown

25. Ecological Project in Dominical

- ♦ **Work:** Collecting garbage from the beach, Organic agriculture, Horses caring and biogas production project, Hydroponic growing system etc.
- ♦ **Schedule:** Monday to Thursday, 8h00 to 14h00 (more hours depending on needs)
- ♦ **Lodging:** in a host family, volunteers have to pay \$13 per day, including meals and accommodation.

26. School for handicapped children

- ♦ **Work:** Assisting the English teacher, helping the children with their class work, play with them and supervise them
- ♦ **Schedule:** Monday to Thursday, 09h00 to 14h00
- ♦ **Lodging:** with a host family, \$330 a month including private room, 3 meals a day and laundry
- ♦ **Location:** 1 hour from San José in the South part of the Central Valley



27. Orphanage in Heredia

- ♦ **Work:** Help the kids with their homework, teach them important things, play with them, supervise them. Also, help with the home chores, such as washing the clothes, folding and storing them; help cooking, serving, feeding the kids, etc.
- ♦ **Schedule:** Monday to Thursday – 09h00 to 14h00
- ♦ **Lodging:** with a host family, \$330 a month including private room, 3 meals a day and laundry
- ♦ **Location:** Heredia, 45min from San José

28. Daytime shelter for children in Puntarenas

- ♦ **Work:** Help the kids with their homework, teach them important things, play with them, supervise them, feed them, etc.
- ♦ **Schedule:** Monday to Thursday, 09h00 to 14h00
- ♦ **Lodging:** with a host family, \$330 a month including private room, 3 meals a day and laundry
- ♦ **Location:** Puntarenas, 20 minutes from Puntarenas downtown

29. Orphanage in San Ramon

- ♦ **Work:** Play with the kids, entertain them, supervise them, teach them art and other important things. Help the psychologist and join them in everyday activities
- ♦ **Schedule:** Monday to Thursday, 09h00 to 14h00
- ♦ **Lodging:** with a host family, \$330 a month including private room, 3 meals a day and laundry
- ♦ **Location:** 20 minutes from San José downtown

30. Medical Center

- ♦ **Work:** Help/assist people of all ages and with any kind of diseases sometimes work in the ambulances. The volunteers need a mandatory medical insurance. People with medical experience have to present a curriculum vitae and copies of their medical certifications.
- ♦ **Schedule:** Monday to Thursday, 8h00 to 14h00 (more hours depending on needs, this project has a extra fee for medical center the cost its \$200 per month)
- ♦ **Lodging:** in a host family, \$330 per month including private room, 3 meals a day and laundry
- ♦ **Location:** San José downtown

Notes

1. Prices are in USD.
2. Projects are subject to availability and can be suspended or cancelled anytime according to the decision of the respective supervisor.
3. Prices can change anytime without previous notification.